

# HOLY TRINITY MILFORD

PARISH NEWSLETTER

February 2018

**The Benefice of St John the Evangelist, Hazelwood, with St Lawrence Shottle; St Michael, Holbrook; Holy Trinity, Milford & Makeney.**

Dear Friends

As the winter continues, with cold mornings and dark evenings and we seem to be surrounded on all sides by coughs, colds and flu like bugs that are difficult to shift, it can be easy to feel down and to want to stay snuggled up warm under the duvet or on the sofa in front of a fire. It can be hard to find things to look forward to in January and February, the summer seems so far away, journeys to family and friends are more difficult with the shorter days and icier conditions and many of us have less available cash following from our Christmas celebrations and Valentine's Day can remind us of love we've lost and relationships that aren't as we had hoped. We have red letter days, black Fridays and now blue Monday as we recognise the way our monthly and seasonal routine impact upon our mental health and well-being.

Everyone has good days and bad days and there are plenty of stories in the Bible of people struggling with their mental health (Elijah suffers from depression, several of the psalms talk about being in the pit of despair, Jesus heals the Gerasene and restores him to his right mind). In days gone by it was difficult to admit to people that you were finding life difficult, feeling low, lacking energy, being inexplicably irritable or feeling depressed, stressed or overly anxious. Thankfully times have changed and we recognise that mental health and well-being is a spectrum and we can find ourselves in different places on it at different times in our lives and that most people (possibly as many as half of us) will at some point benefit from help and support and the opportunity to access talking therapies through our GP.

If you or someone you love is struggling this time of year, don't bear it in silence, there are people who would love to be there for you, your family, friends, GP, the church. Being part of a community, having places to go and people to see can help as can having the opportunity to talk about the things that really matter to us.

This month the churches are launching two new initiatives which we hope will bring people together, enable us to build new friendships and create opportunities for us to listen to one another and offer warmth, welcome and support. The first is a community soup lunch on the second Wednesday of each month at Holbrook Moor Methodist church and the second are two Lent discussion groups, one daytime and one in evenings - you'd be very welcome to come along and see whether you might want to get involved.

God bless, Nicky

## CONTACT DETAILS:

### PRIEST-IN-CHARGE:

Revd. Nicky Fenton, The Vicarage, Hob Hill, Hazelwood, Belper, DE56 4AL. Tel: 01332-486100 Mob: 07811957913, njfenton@aol.com

### CHURCHWARDENS:

Mrs Cyn Varney 01773 824680 and Mrs Francine Franklin 01332 842044

For any concerns re safeguarding please contact Nicky, the vicar.

## ROTA OF SERVICES FOR FEBRUARY

<b>4<sup>th</sup> February</b>	<b>Second Sunday Before Lent</b>
<i>Colour: Green</i>	
<b>Bible readings</b>	Colossians 1:15-20; John 1:1-14; Psalm 104:26-end
Reader	
<b>Hazelwood</b>	11:00am Holy Communion
<b>Holbrook</b>	10:45am Mattins with Hilary Smith 6:30pm Evensong and Holy Communion
<b>Milford</b>	No service

<b>11<sup>th</sup> February</b>	<b>The Sunday Next before Lent</b>
<i>Colour: Green</i>	
<b>Bible readings</b>	2 Corinthians 4:3-6; Mark 9:2-9, Psalm 50:1-6
Reader	
<b>Hazelwood</b>	3:00pm Evensong
<b>Holbrook</b>	10:45am Holy Communion
<b>Milford</b>	9:00 am Holy Communion at Milford Baptist Church

<b>18<sup>th</sup> February</b>	<b>The First Sunday of Lent</b>
<i>Colour: Purple</i>	
<b>Bible Readings</b>	1 Peter 3:18-end; Mark 1:9-15; Psalm 25:1-9
Reader	
<b>Hazelwood</b>	11:00am Holy Communion
<b>Holbrook</b>	10:45am Family Service
<b>Milford</b>	No service

<b>25<sup>th</sup> February</b>	<b>The Second Sunday of Lent</b>
<i>Colour: Purple</i>	
<b>Bible Readings</b>	Romans 4:13-end; Mark 8:31-end; Psalm 22:23-end
Reader	
<b>Hazelwood</b>	3:00pm Informal Worship
<b>Holbrook</b>	10:45 am Holy Communion
<b>Milford</b>	9:00am Holy Communion at Milford Baptist Church

<b>4<sup>th</sup> March</b>	<b>The Third Sunday of Lent</b>
<i>Colour: Green</i>	
<b>Bible Readings</b>	1 Corinthians 1:18-25; John 2:13-22; Psalm 19
Reader	
<b>Hazelwood</b>	11:00am Holy Communion
<b>Holbrook</b>	10:45am Mattins 6:30pm Evensong and Holy Communion
<b>Milford</b>	No service

## **WINTER WORSHIP AT HOLY TRINITY MILFORD**

Our church heating is currently not working, so during the coldest months our services will be held at another venue. Our worship will continue to consist of an all age communion service with hymns just as it would in the parish church but we will not be able to host any baptisms during that period.

So, on the following dates our service will be held at

Milford Baptist Church, 23 Chevin Road, Milford, Belper DE56 0QH  
From 9:00am – 9:45 am on Feb 11<sup>th</sup>, Feb 25<sup>th</sup>

## **EVENTS ACROSS THE BENEFICE**

### **Coffee Morning at Milford Baptist Church**

10:00-12:00am Friday 2<sup>nd</sup> Feb.

**Community Soup Lunch** Wednesday 14<sup>th</sup> February 12:30-1:30pm Holbrook Moor Methodist Church

**Ash Wednesday Service** 2:30-3:30pm Holbrook Moor Methodist Church

## **GIVING IN GRACE**

Many thanks to all those who have returned a Giving in Grace form and so generously offered to support your local church in the community. We really appreciate your support and desire to partner with us in this way. The current totals pledged through the Giving in Grace campaign at Hazelwood, Holbrook and Milford are:-

Hazelwood: £670 in one-off gifts and an increase in monthly giving of £30 plus two monthly gifts of undisclosed amounts

Holbrook: £820 in one-off gifts and an increase in monthly giving of £160

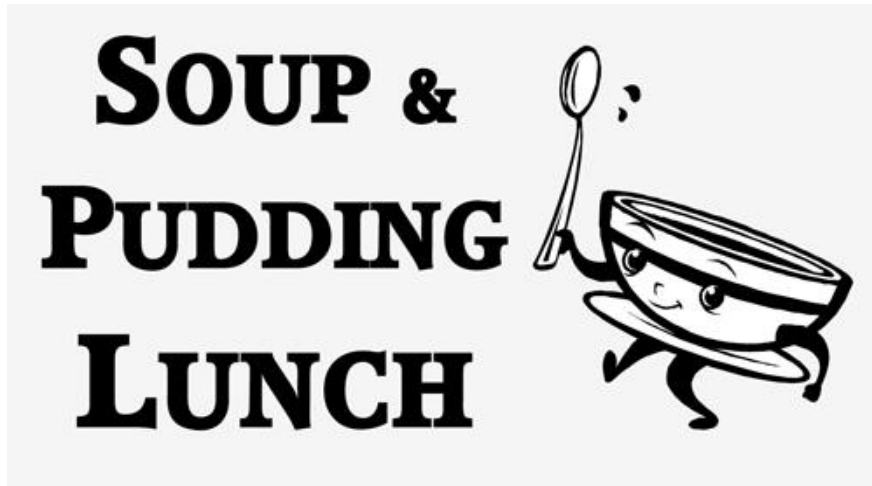
Milford: £25 in one-off gifts and an increase in monthly giving of £10

There's still time to send a contribution and we have forms available if you are able to include Gift Aid or would like to make an annual or monthly donation through the bank.

## **PASTORAL VISITS AND PRAYER REQUESTS**

If you know someone in the community who would value a pastoral visit from a member of the church's pastoral team, please encourage them to contact Nicky and she will arrange for someone to come and visit. Also, if you would like us to pray for someone during our worship please email the details to Nicky (we do need the person's consent to name them in public).

**Second Wednesdays**  
**12:30-1:30pm**  
**Holbrook Moor Methodist**

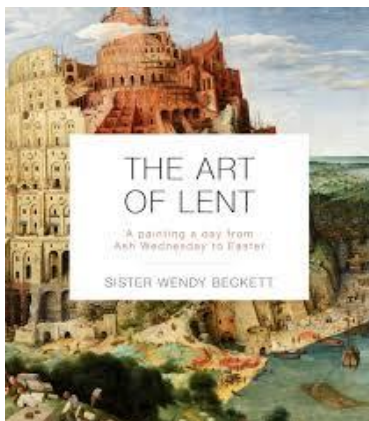


Everyone is welcome to gather together as members of the local community to meet new people, support one another and share homemade soup accompanied by bread rolls, fruit, cake and hot drinks.

*Donations towards the cost gratefully received as are offers of help with either providing the food or serving on the day. For more information or to get involved contact Nicky Fenton [njfenton@aol.com](mailto:njfenton@aol.com), 01332 486100, 07811957913*

## **LENT GROUPS**

Opportunities to gather and discuss your reactions and reflections upon a different set of paintings for each week of lent. Anyone is welcome to any or all of the sessions which are repeated, one daytime on Mondays and one evening session on Wednesdays during Lent beginning on Mon 19<sup>th</sup>/ Weds 21<sup>st</sup> and ending on Mon 26<sup>th</sup> / Weds 28<sup>th</sup>. Refreshments will be served and if you are coming, you will need a copy of this book which is available from Amazon at £6.96 or from all good retailers!



Sessions are:

Mondays 1:30-3:00pm at The Vicarage, Hob Hill, Hazelwood, DE564AL

Wednesdays 7:30-9:00pm at Chris and Jean Lamb's, The Firs, Portway, Holbrook

This delightful book describes and interprets a series of paintings for each day of Lent. Artists often address subjects that our culture seeks to avoid, and Sister Wendy's brilliant and perceptive reflections will

help you to read these paintings with a more discerning eye, and encounter deeper levels of spiritual meaning than may at first appear.